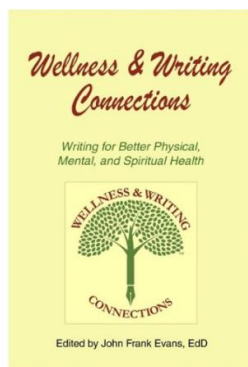


Wellness amp; Writing Connections: Writing for Better Physical, Mental, and Spiritual Health



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