



Cooking Well: Alcohol Free Beverages: Over 75 Easy Delicious Recipes for Holidays and Special Occassions (Paperback)

By -

Hatherleigh Press,U.S., United States, 2011. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. Entertain the Healthy Way with Fun, Family-Friendly Drinks Whether you re watching your weight, trying to live healthier, or entertaining for a crowd that includes people who don t consume alcohol, the quick and easy recipes in Cooking Well: Alcohol-Free Beverages offer a wide selection of tasty and refreshing alcohol-free drinks. Each recipe is simple to create and incorporates healthy ingredients, making them perfect for family get-togethers, kids parties, holidays, or everyday occasions. With Cooking Well: Alcohol-Free Beverages you can finally enjoy healthy alternatives to alcoholic drinks, while also reaping the nutritional benefits of a wide variety of fresh fruits and herbs, including grape, lemon, apple, mint, and ginger. Cooking Well: Alcohol-Free Beverages also includes: - List of basic tools for mixing drinks - Overview of common ingredients used throughout the recipes - Helpful tips and techniques for straining, juicing, frothing, and more A few of the more than 150 easy and delicious recipes included in the book: Orange Blossom Cocktail, Tutti Frutti Punch, Creamy Coffee Shaker, Cinnamon Lemon Punch, Hot Mint Lemondae, Maraschino Cocktail, Black Currant Tea, Orange and Grenadine...



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